

Navigator Stage 1 Badge

Use A Map During An Outdoor Activity AND

Show You Understand How To Dress Appropriately And What Equipment You And The Adults Will
Need On The Activity

Short Walk & Equipment Activity®

By Samantha Eagle

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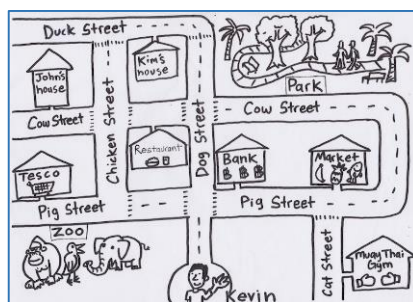
Short Walk & Equipment Activity ©

Overview

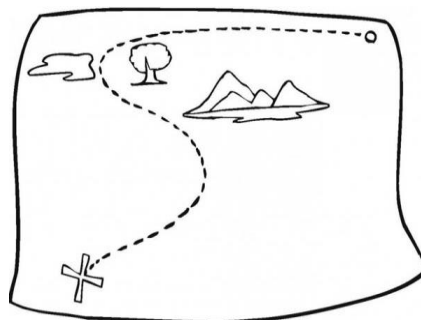
For this part of the badge the children will do a quick activity with some pictures of equipment they might take with them on a short walk. Then they will go on a short walk using a map to guide them.

Preparation Before The Meeting

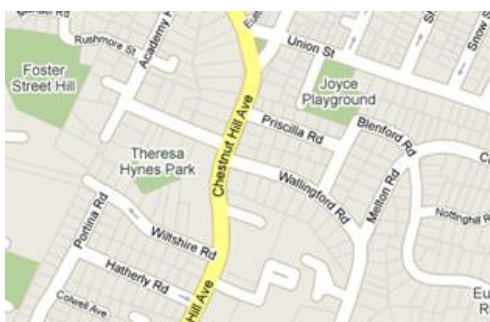
1. There are a couple of options you can use for this task...
 - a. Hand draw a little map of a couple of streets in your surrounding area and photocopy it to give to each team of 4 to follow with an adult/helper



- b. If you don't have many small streets around your building hand draw a little map of a couple of turns and twists around trees etc. surrounding your building, you will need to show the landmarks i.e. Trees etc. Just photocopy it to give to each team of 4 to follow with an adult/helper.



- c. Make photocopies of a portion of a map near to where your building is and again get small teams to follow a route that you hand mark



- d. You could use a map at a theme park if you are going and get the children to show you how to get to certain areas of the park



- e. You can use map software such as google maps to make your own map

Remember if this is for Beavers keep the route simple as this is probably the first time they will have used a map

2. Print out the 'What Equipment Do I Need for a Short Walk' handout – you need one between two children
3. You will need to print out the 'Activity Information Form' found on the easierscouting site under the Forms section to give to the parents because you are going outside

Materials Needed

- Pen and paper for each child

Directions/Leader Speak

1. **Speak** – The last tasks you need to do for your Navigator Stage 1 badge is to use a map during an outdoor activity and know what equipment to take
2. **Speak** – We are going to follow a simple route using a Map. Let's look at what equipment we should consider before we go on our short walk
3. **Action** – Handout the 'What Equipment Do I Need for a Short Walk' handout to each pair of children
4. **Speak** – In this handout you will see lots of things you can take if you go on a hike, short walk or camping trip. I want you in pairs to cross out the things you wouldn't need if you were to go on a 30 minute walk
5. **Action** – Go round and check everyone has crossed out the things they won't need for a short walk
6. **Action** – Now handout the map to each team and get them to look at it before you set off. When you get outside ask the children which way they should go first and let them lead the way
7. **Direction** - Get them to observe their surroundings, any landmarks or road names they see and to refer back to the map to make sure they are on the right track

Equipment for a short 30 minute walk

Camera (optional)
Cap
First Aid Kit
Flashlight
(depending on time of day)

Food (some small snacks)
Map
Necker
Pen & Paper
Raingear

Small Change
Sunscreen
Watch
Water (1/2 litre for a short walk)

What Equipment Do I Need for a Short Walk

Tent 	Clothes 	Lamp 	Tent Accessories 	Head Lamp/Flash Light 
Body Warmer Or Rain Poncho 	Water 	Suntan Lotion 	Ground Sheet 	Tent Accessories 
Camera 	Hiking Boots 	Cup 	Cutlery 	Pencil & Paper 
Pocket Knife 	Rope 	Whistle 	Compass 	Watch 
Matches & Lighter 	Sleeping Bag 	Binoculars 	First Aid Kit 	Small Signal Mirror 
Cooking Pot 	Cooking Pan 	Sunglasses 	Toilet Paper 	Small Change 
Toothbrush 	Scarf/Necker 	Woolly Hat or Cap 	Map 	Nylon Cord 
Axe 	Shovel 	Food 	Snacks 	Trash Bag 
Insect Protection 				